



Monadnock Expandable Baton (MEB)

Certification Course

The basic MEB course consists of a four (4) hour user level program. Basic course certification techniques include: stance, patterns of movement, grip (both one and two handed), methods of carry (both one and two handed), drawing techniques (strong hand, support hand and cross draw), blocks, Counter strikes and baton retention. This well rounded training approach provides the individual protection at three (3) specific ranges for concluding an attack.



* The first defensive range is the extended range. This range combines the full arm extension of the officers arm with the actual length of the particular baton as it is held in the strong hand.

* The second line of defense for stopping an attacker is at the intermediate range. As its name implies it is the area that falls between the full arm extension and with in one (1) foot from the officer's chest.

* The third and most important range is the close in. Close in encounters pose the greatest danger to the officer's safety and survival due to the extremely tight space he / she has to effectively and appropriately maneuver a baton for self defense or subject control.

STUDENT WILL RECIVE

- * Certificate of Completion (Good for 2 yrs)
- * Wallet Card Certification (Good for 2 yrs)
- * Monadnock Strike Chart
- * Monadnock Student Work Book

Other Topics Of Discussion

- * Baton Nomenclature
- * Appropriate Use Of Force
- * Appropriate Counter Strike Locations
- * Key Terms And Definitions
- * Verbal Commands

Advance Course Also Available

Students that have successfully completed the basic course may attend the advance course. Students will be able to utilize what the have learned in the basic course and add arm locks, take down and transport techniques to there skill set.

Contact

Erik Vasquez

Phone: (661) 309-2373

E-Mail: erik.vasquez@spartan-securityservices.com

